Client Information

Activities for/with young children



Parent and Toddler Groups

Parent and Toddler groups provide a great opportunity for parents to meet up with their babies or toddlers and enjoy some social time with other parents. These gatherings offer a variety of activities and different formats but as a general rule they involve a range of different child-friendly activities often including singing and story time; there are usually toys for the children to play with and sometimes even a speaker or a more organised activity either for the parents or for the children. As a general rule there are no memberships with this kind of group but it is recommended that you should make contact with the group leader prior to the session to confirm the date and time.

The National Childbirth Trust (NCT) is a great place to start making contact with other expectant mothers or parents of young babies. For details of NCT activities in Guernsey, check out www.nct.org.uk/branches/guernsey

Another excellent source of information for parents is <u>www.guernseymums.gg</u> which also provides full details of NCT activities and events in Guernsey.

We have listed below some of the Parent and Toddler groups which take place around the island:

St Peter Port

Group	Venue	Contact Details
Trinity Tots	Holy Trinity Church, Trinity Square, St	01481 724319
	Peter Port	
Parent and toddler group	Wesley Methodist Church Hall, St Peter	01481 725851
	Port	
Parent and toddlers	Salvation Army, Clifton Hall, St Peter Port	01481 721151
Grandparents and	Salvation Army, Clifton Hall, St Peter Port	01481 713927
toddlers		
Parent and toddlers	Church of Scotland, The Grange, St Peter	01481 727773
	Port	

St Andrew

Group	Venue	Contact Details
Parent and toddler group	The Barn, St Andrew's Church	01481 230850
Parent, baby and toddler	Rohais Methodist Church, St Andrew's	01481 724579
group		

Castel

Group	Venue	Contact Details
Galaad mothers &	Galaad Methodist Church, Castel	01481 255535
toddlers		
Parent and toddler group	Vazon Elim Pentecostal Church, La Mare	01481 264908 or 01481 257386
	Road, Vazon	



St Saviour

Group	Venue	Contact Details
Parent and toddler group	St Saviour's Parish Church Hall	01481 263045
Parent, baby and toddler	Emmanuel Baptist Church Hall, St	01481 233152
group	Saviour's	
Parent and toddlers	United Reformed Church, Grande Rue,	01481 264941 or 01481 721831
	St Saviour's	

Vale

Group	Venue	Contact Details
Tiger Tots, group for	St Paul's Methodist Church, Vale.	01481 244156
parents, carers and		
toddlers under four years		
old		
Parent and toddler	Vale Mission Fellowship, Route Militaire,	01481 249462 or 01481 248342
playgroup	Vale.	
Tots R Us	Capelles Community Centre (upstairs),	01481 255229
	Capelles.	

St Sampson

Group	Venue	Contact Details
Parent and toddlers	Parish Centre, Delancey RC Church, Rue	01481 725276
	des Monts, St Sampson	
Rock Tots, Babies and	Church on the Rock,The King's Centre,	01481 242282
Toddlers	New Road, St Sampson	
Parent and toddler group	Salvation Army, L'Islet Fortress, St	01481 244631
	Sampson	

Torteval

1010010.		
Group	Venue	Contact Details
Parent and toddler group	Torteval Methodist Church Hall, Torteval	01481 263086

St Martins

Group	Venue	Contact Details
Toybox toddler and	Les Camps Methodist Church, Grande	01481 257426
parent group	Rue, St Martin's	
Roundabout	St Martins Community Centre	

St Peter

Group	Venue	Contact Details
Parent and toddler group	Western Community Centre (Styx),	01481 266554
	Longfrie, St Peter's	



Musical Activities

Baby Bounce: Rhymes and songs for babies up to one year Guille-Alles Children's Library, Market Street, St Peter Port Every Thursday 10 - 11am - Booking essential. 01481 743635

Debbie Duport Fundance

Fun dancing sessions from 1 year old +

01481 255367 or email: debbie.duport@cwgsy.net also see website http://www.debbie-duport-dancing.co.uk

Musical get together toddler group meet at St Matthew's Church Hall, Le Guet, Cobo Wednesdays 10 - 11.30am - Contact Annabel 01481 265536

Sing and Sign learn baby signing through singing songs and actions. Age from 6 months. Contact Lisa Le Huray 01481 243138 Nocq Road St Sampsons

Dance/Songs/Drama SWATS – Shaun Winterflood Academy of Theatre Studies. Fun singing and drama class from 2 years old.

07781 442582. Also see website http://www.swatsgsy.co.uk

Sporting activities for parents with crèche facilities

Parent and toddler group and play badminton (with creche)

Rohais Badminton Centre, St Peter Port. Every Friday 10.30am-noon. 01481 253265 or text 07911 719229. Beginners welcome.

Beau Sejour Sports & Leisure Centre

Creche facilities are available for babies and toddlers at Beau Sejour Monday – Saturday 9am – 12pm 01481 747210

Monkey Puzzle @ Kings Crèche

A nursery which provides a crèche facility service while parents enjoy the gym Mon – Thursday, 9am – 12 pm - advance booking recommended 01481 723366

Physical activities for young children

Aquatots - A fun-filled session for parents with babies and/or pre-schoolers to build confidence in the water Beau Sejour Swim School, Beau Sejour Leisure Centre Every Thursday (during term-time)
01481 747240 www.beausejour.gg

Avril Earle Dance & Theatre Arts Centre

www.thecentre.gg

01481 236666 email: office@thecentre.gg

Various dance styles taught including ballet, tap and streetdance

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Guernsey Academy of Theatre Arts

www.gatedanceguernsey.co.uk

01481 257507 email: gatestagedoor@aol.com

Various dance styles including ballet, tap and street jazz

Karen Dempsey School of Dance

www.karendempseydance.co.uk

01481 242568 email : karen@karendempseydance.co.uk

Various dance styles including ballet, tap, modern

Guernsey Cheerleading

From 4 years +

Monday evening St Johns Church Hall, Les Amballes 07781 141767 email: makelaharrison@hotmail.com

Kiddy Kapers - parent and toddler activity sessions.

Beau Sejour Leisure Centre Every Monday & Thursday (Term time) 01481 747210

Skill Set @ Kings - For pre-school Football, Tennis and Rugby coaching for children 2 ½ – 5 years; also holiday clubs and after-school sports coaching for older children King's Club, Kings Road, St Peter Port 01481 735440 www.skillsetci.com

Football Many of the Islands Football clubs offer "minis" training on a Saturday morning. See the Guernsey Football Assocation website for more details http://www.guernseyfa.com/clubs/mini-coordinators

Children's Library Activities

Guille-Alles Children's Library

TOTS: stories and songs for toddlers aged one to three years Every Friday, 10am and 11am and 2.15pm. Booking essential. 01481 743635

Day Nurseries, Pre-schools

Below are details of some of the Day-nurseries and pre-schools in Guernsey. The following link may also be useful and contains information on all registered Day Nurseries and Pre-schools plus numbers of children which they are registered to care for.

http://www.gov.gg/CHttpHandler.ashx?id=5598&p=0

Acorn House

Pre-school from 2½ years (must be dry) Open 9.00-2.30pm Term time only 01481 713862 Acorn House Pre-prep Kings Road, St Peter Port, GY1 1QB

http://www.elizabethcollege.gg/acorn-house.htm

Leads into prep-school for Elizabeth College. The school prefers children entering reception at Acorn House to have attended Acorn Pre-School.







Blanchelande Pre-School

Pre-school from 3 years Open 8.30am-2.30pm Term time only 01481 237200 Les Vauxbelets, St Andrews, GY6 8XY. Leads into Blanchelande College www.blanchelande.co.uk

Butterflies Pre-School

Pre-school from 2 Rue des Monts, St Sampsons, GY2 4HU

First Steps Day Nursery and Pre-school - Town

Day nursery from 3 month.. Open 8.00am–5.00pm all year round 01481 713484 Barfleur, Mont Arrive, St Peter Port GY1 2AA

First Steps Day Nursery and Pre-school - Vale

Day nursery from 3 months open 8.00am-5.00pm all year round 01481 249584 Le Berceau, Villes Pies Vale

Forest Childcare Centre

Pre-school from 2 years. Open 8.30am-2.30pm 01481 237614 Le Bourg Forest GY8 0AN. Part of Guernsey Childcare Group, www.guernseychildcare.com Also, a holiday club is available for school holidays

La Petite Ecole

Day nursery and pre-school from 3 months, Open 7.30am-6.00pm all year round. Very popular and booked up well in advance.

Marina Court, Bosq Lane, St Peter Port, GY1 2LP 01481 726589 www.lapetiteecole.com

Little Bears Pre-School Castel

Pre-school from 2 years. Open 8.30am-2.30pm. 01481 251716 Rue des Delisles Castel GY5 Part of Guernsey Childcare Group www.guernseychildcare.com which offers a holiday club at Forest Pre-school site.

Little Angels

Day Nursery from 3 months. Open 7.30am – 6.00pm 01481 7245019 Union Street, St. Peter Port, Guernsey GY1 2PS

Little Bears Pre-School St Peters

Pre-school from 2 years. Open 8.30am-2.30pm All year around. 01481 267487 Les Adams, St Peters, GY7 9LH. Part of Guernsey Childcare Group www.guernseychildcare.com which offers a holiday club for school holiday at Forest Pre-school site

Little Learners Day Nursery

Day nursery from 2 years. Open 8.00am-5.30pm all year round 01481 727610 St Stephens Lane, St Peter Port GY1 1QL <u>www.littlelearners.biz</u>

Maylands Nursery and Pre-School

Day Nursery and Pre-school 01481 263444 St Saviours Community Centre, Le Neuf Chemin, St Saviours

Melrose Pre-School

Girls only Pre-school from 2 years (must be dry). Open 8.45am-2.45pm Term time only 01481 721602 Les Gravees St Peter Port GY1 1RW Children who attend pre-school are given preference for admission to Melrose Preparatory School.



Monkey Puzzle Nursery and Pre-School at Kings

Day Nursery and Pre-school from 3 months. Open 8.00-5.30pm all year round. 01481 716060 Kings Life, Kings Road, St Peter Port, GY1 1QF

Monkey Puzzle Pre-School at Les Cotils

Pre-School from 2 years plus Montessori School to 7 years. Open 8.00-5.30pm term time but cover is provided for all year round childcare

Sunshine Nursery

Day Nursery, 01481 720063 Cordier Hill, St. Peter Port, Guernsey GY1 1 JL

St Martins Pre School

Pre-school, 01481 237665 Blanches Pierres Lane, St. Martin, Guernsey GY4 6SA

Child-minders in Guernsey

A list of child-minders with vacancies can be obtained from The Early Years Service at the Department of Health and Social Services. Monday to Friday. Rue Mignot, St Andrews. 01481 729329

Children's Health

Health visiting is a universal service offered to all families with pre-school children. Each family has a named Health Visitor who may visit during the antenatal period or commence visiting a day or two after the midwife has discharged the baby.

Child Health Clinics are run by Health Visitors to provide parents/carers with an opportunity to access information on any health issues e.g. child development, growth and minor ailments. These are held weekly at venues throughout the Island and are open to anyone who wishes to discuss their child's health

Baby Clinics

Monday: Vale, Douzaine room, Maritaine Road, Vale, 2.00 – 4.00pm

Tuesday: St Martins Community Centre 2.15 – 4.15pm

Wednesday: Kindred Family Centre, Les Genats Estate, Castel, 9.30 – 11.30am

Friday: Lukis House, The Grange, St Peter Port, 10 – 11.30am

For further information contact the Health and Social Services Department Lukis House, The Grange, St Peter Port, GY1 2QG 01481 725241

